

AMANDA AIKO

PSYCHIC MEDIUM & RELATIONSHIP GUIDE

QHHT PAST LIFE REGRESSION 1000+ HRS

Amanda's mission is to guide people into relational sovereignty, truth, and soul-aligned love. Her work bridges the mystical and the relational, supporting those who feel called beyond conventional paradigms into deeper authenticity, freedom, and conscious connection. With over a decade of experience in energy work, quantum healing, alternative relationship design, and psychic mediumship, she creates safe, non-judgemental spaces for souls to access their inner knowing and experience transformation from within.



WORKSHOP OFFERINGS

SACRED CONNECTION LAB: A PSYCHIC EXPERIENCE FOR DEEPER RELATIONSHIPS

Sacred Connection Lab is a guided, interactive experience where participants learn how to access their intuitive gifts and apply them to real-life relationships. Through journaling, visualization, and partnered exercises, they'll deepen their connection to their body's inner guidance and learn how to navigate connection with greater clarity. Participants will leave with a stronger foundation for accessing their intuition, guiding them to cultivate more conscious, secure, and aligned relationships with others and with themselves.

Duration: 60-90 min (flexible)

Audience: Spiritually curious folks

Technical needs: Microphone, space for participants to walk around or pair off

PAST LIFE REGRESSION JOURNEY: EXPLORE YOUR PAST AND MEET YOUR GUIDES

Past Life Regression is a sacred, heart-centered experience where participants are gently guided into a meditative state to explore past life memories, connect with Spirit Guides, and receive wisdom from the Higher Self. Based on Dolores Cannon's Quantum Healing Hypnosis Technique (QHHT®), this workshop is both approachable and profound—often leading to insights, emotional release, and a deep sense of soul remembrance. There will be space throughout for journaling, self-reflection, and sharing to support collective activation.

Duration: 60-90 min (flexible)

Audience: Spiritually curious folks

Technical needs: Microphone, comfy seating (chairs or floor mats/cushions)



WORKING WITH AMANDA

“The entire experience was fascinating and deeply meaningful. What’s even more remarkable is that [it] feels like a gift that keeps on giving. As time passes and I process everything, more insights become clear to me.”

– MARIA D

“Nothing short of magical to be quite honest.. I got answers to questions that I had been wondering about for most of my life. Things that traditional therapy would never even begin to unpack.”

– ROMTEEN B

“I’ve received deep healing and discovered new things about myself. I have also received clarity about my life’s path. Lots of weight had been lifted, and I just feel more compassionate and accepting towards myself.”

–PRISCILLA L

CONTACT

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